

Everyone Is Invited To Attend
Midwest Bible College

Graduation Day Program

To Be Held in the Church of God at Stanberry, Missouri

Baccalaureate

Sabbath, May 25, 11:00 a.m. Sermon by Elder K. H. Freeman

Commencement

Sat. Night, May 25, 8:15 p.m. Address by Elder A. B. Craig

Two young men will graduate from the four year ministerial course: Garland R. Brunson, from Oklahoma and Alfred P. Walter, from Ohio.

More Workers Are Needed!

More trained, consecrated workers are needed for the work of the Lord. Both graduates named above, will go into the pastoral work of the Church of God. Other congregations are in need of pastors. Evangelists are needed to open up new work where interest has developed as a result of the radio work. Missionaries are needed to take the leadership of our work in foreign lands.

"The Harvest Is White But the Laborers Are Few"

Midwest Bible College trains men for the ministry. Those who feel the definite call of the Lord for this work are invited to contact the college. Whether married or single, God can make a way for you to attend Midwest.

Young women are invited to enroll for the Bible Workers Training Course or the Secretarial Course. Learn more about the Bible. Qualify for church or business office work. Enjoy the friendship of other consecrated Christians.

The 1963-64 Bulletin will be ready soon. To receive it send your request to:

Midwest Bible College, Stanberry, Missouri

33
Aim

The magazine for young people

O mothers of the world, I lift this cry
 Of honor to your name. But in my heart
 There is another cry;
 That each of you be mother to all babes;
 Share in a universal motherhood;
 Reach out your hands to every child in need.
 Even as the Christ commanded, when of old
 He would make all of us one family,
 Reach out your hearts in love,
 Becoming hands and feet and lips for God.

—Edwin Markham

The mother's heart is the child's schoolroom.

—H. W. Beecher

Aim The magazine for young people

AIM is dedicated to the promotion of higher ideals and more challenging spiritual goals among the young people of the Church of God. It is published monthly under the direction of the Young People's Department of the General Conference by the Church of God Publishing House at Second and Willow Streets in Stanberry, Missouri. It was entered as second class matter on September 10, 1959, at the Post Office in Stanberry, Missouri, under the act of March 3, 1897.

Subscription rates: \$2.00 per year in the United States and Canada. Foreign, \$2.25. Clubs of 6 or more to one address, U.S. and Canada only \$1.50 each.

Volume XXVIII, Number 5

Donna D. Faubion, Editor

The mother in her office holds the key of the soul; and she it is who stamps the coin of character, and makes the beginning who would be a savage but for her gentle cares, a Christian man! Then crown her queen of the world.—OLD PLAY

Contents of This Issue

"The Choice Is Yours"	—Archie M. Stiede	page 3
The Miracle of Spring	—Stanley J. Kauer	page 5
Cake Came Back	—A Selection	page 7
A Time to Every Purpose	—Mary Holbert	page 9
Burden of the Hour	—Osie H. Ziegler	page 10
Four Principles of Christianity	—Marilyn Brunson	page 11
Perfect Peace, Where?	—Roger Blankinship	page 12
Our Stinger Tongue	—Sue Schock	page 13
Your Health Clinic	—Dr. Victor Reeh	page 14
Love	—Faith Ling	page 15
Project of the Month	—Virginia Heavilin	page 17
FYC News	—Elden Fischer	page 19
SVA—MBC School Notes	—Reporters	page 21
"Take Time for God"	—Nelson Caswell	page 22

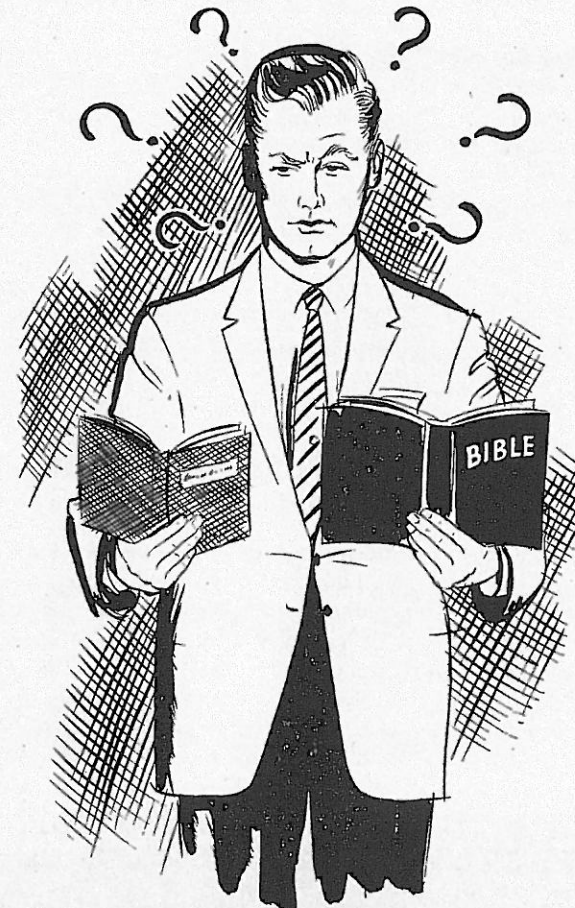
Contributions of material for publication are greatly appreciated. No responsibility is assumed for the care of manuscript, however; and only manuscript which is accompanied by return postage will be returned. Material which is original with this publication may be reprinted to the Glory of God. Please give proper credit.
A change of address must be allowed two weeks for processing before it will become effective. Please send both old and new addresses.

"The Choice Is Yours"

Archie M. Stiede

"... Choose ye this day whom ye will serve..." (Joshua 24:15).

JOSHUA'S strength was failing. He knew his end was near. But even as death approached his concern was not for himself, but for his people. In memory he lived again the hasty departure from Egypt. How well he remembered the scene at the Red Sea. The Egyptians overtook Israel as they encamped



by the sea. Filled with fear, Israel had cried unto the Lord, and murmured against Moses. He heard again Moses speaking to the people, calming their fears. "... Fear ye not, stand still, and see the salvation of the Lord, which he will shew to you to day: for the Egyptians whom ye have seen to day, ye shall see them again no more for ever. The Lord shall fight for you and ye shall hold your peace." He remembered that the angel of God had moved between Israel and the Egyptian while the Lord was clearing a path through the sea that His people might escape (Exodus 14).

The scene changed in the mind of Joshua. Now he saw Israel at Rephidim. Here there was no water for the people. Again they cried out to Moses, who,

struck the rock, and water came forth to supply their needs. It was at Rephidim that Amalek came against Israel. While Aaron and Hur held up the hands of Moses, Joshua had discomfited the enemy (Exodus 17).

As these, and other scenes passed through his mind Joshua called for Israel to appear before him. "And in obedience to God's command, Joshua called for all Israel, and for their elders, and for their heads, and for their judges, and for their officers, and said unto them, I am old and stricken in age: and ye have seen all that the Lord your God hath done unto all these nations because of you; for the Lord your God is he that hath fought for you. . . . And, behold, this day I am going the way of all the earth: and ye know in all your hearts and in all your souls, that not one thing hath failed of all the good things which the Lord your God spake concerning you; all are come to pass unto you, and not one thing hath failed thereof" (Joshua 23:2, 3, 14).

He then warned them of what would happen if they should fail their God in future days. "Therefore it shall come to pass, that as all good things are come upon you, which the Lord your God promised you; so shall the Lord bring upon you all evil things, until he have destroyed you from off this good land which the Lord your God hath given you. When ye have transgressed the covenant of the Lord your God, which he commanded you, and have gone and served other gods, and bowed yourselves to them; then shall the anger of the Lord be kindled against you, and ye shall perish quickly from off the good land which

he hath given unto you" (Joshua 23:15, 16). The full message is found in chapters 23 and 24. It is summed up briefly in 24:15. "... Choose you this day whom ye will serve. . . ."

"Choose you this day." It is the same in every age, for every individual. No one can force another to do good, or evil. True, godly parents seek to sway the hearts and minds of their children toward God. Born-again believers will be always urging others to seek the strait and narrow way. God has left nothing undone by way of making it possible for sinners to find Him, and salvation. Yet, in the final analysis, it is you who decides the issue by your own free choice. You can refuse His pleading, go your selfish way, and be eternally lost if you will. All heaven will grieve, but you will be permitted to go your foolish way. Neither the Father nor the Son will be pleased if you thus decide. Picture Jesus as He exclaimed, "O Jerusalem, Jerusalem, thou that killest the prophets, and stonest them which are sent unto thee, how often would I have gathered thy children together, even as a hen gathereth her chickens under her wings, and ye would not! Behold, your house is left unto you desolate" (Matthew 23:37, 38).

On the other hand you can follow the path of those who chose the way of righteousness. The eleventh chapter of Hebrews lists many who chose obedience to God even at the cost of their lives. Their future is secure unto them for they will share in the "better resurrection" (Hebrews 11:35). Of all who are mentioned we shall speak of but one. "By faith Moses, when he was come to years, refused to be called the son of

(Continued on page 26)



Spiritual Lessons from Science

The Miracle of Spring

Stanley J. Kauer

"FOR, LO, the winter is past, the rain is over and gone; the flowers appear on the earth; the time of the singing of birds is come, and the voice of the turtle is heard in our land; the fig tree putteth forth her green figs, and the vines with the tender grape give a good smell" (Song of Solomon 2:11-13).

The song of Solomon is a book of the Bible which is difficult to understand and consequently is little known. But it has some very beautiful passages, one of which is the description of the coming of spring as above quoted. Truly spring is a beautiful time of flowers and birds. And then there is the wonderful smell of spring as the growing plants put forth leaves, flowers and fruit.

One of the first great promises in the Bible is found in Genesis 8:22. Here we are told that as long as the earth remains, the regular seasons will occur in their order. There will always be a "seedtime" or spring. God has said so and His word is true.

God has said that spring will come in its season, but do we know how He brings it about? Yes, God has

given man the knowledge which enables him to understand this phenomenon. It might be said that while the earth remains in the orbit around the sun and while it remains tipped on its axis and the orbit is at right angles to the general plane of the axis, there will be the regular seasons. It is quite easy to demonstrate this with the aid of an apple, an orange or a ball with a valve opening. Let us use an apple. Stand erect and hold it at arm's length in front of you with the stem up. Now tip the apple slightly so that the stem points away from you. The stem represents the north pole and you represent the sun. With the stem end pointing away from you we have the position of the earth when it is winter in the northern hemisphere. Keep the apple in the same tipped position and move it to your side at shoulder height. If you are facing north, the apple stem will still be facing north and you have the position of the earth at the spring equinox. Now keeping the apple at the same level, and with the stem still pointing up but tipped toward the north, move the apple behind you or turn with the apple,

keeping it in the same tipped position. When it has moved around a half circle the stem will be pointing in your direction instead of away from you as it was at the beginning. This is the position of the earth at the summer solstice which is about June 21. It will be seen that the northern hemisphere gets much more sunlight in the summer position than it does in the winter position. By this simple device of tipping the earth on its axis the seasons are made to come in regular order as the earth moves in its orbit about the sun.

Springtime illustrates the wonderful system and order which God has given to all His creation. The Bible verse quoted at the beginning of our study says that "the time of the singing of birds is come." In the spring the birds return to their nesting area and as they are busy preparing for the nesting time they sing. As I look out the window I see robins on the lawn. The robins live mostly on insects and as they hop around on the lawn and look and listen they detect the worms and other insects in the grass. But suppose when the robins came back there were no insects. The robins would die and then if insects came later in the summer they would destroy the crops. Thus the balance of birds and insects is a wise provision for the good of mankind.

"... The flowers appear on the earth..." When it gets warm the early flowers bloom, and at the same time the bees come out of their hives. They find food in the flowers—nectar and pollen. In securing their food they carry the pollen from flower to flower. This causes fertilization to take place thus making possible the development of seed and fruit. The bees store up honey which is

food for man and they make possible the growth of food for man in the fruit and grain. If the flowers did not appear when they do, the bees would die. If the bees did not appear when there are flowers, very little, and in some cases, no fruit and seed would develop. But everything comes at the proper time in a normal year.

God has made the plants so that it takes some of them longer than others to produce their fruit. If this were not so, much fruit would be wasted for man could not take care of it all at once. But as it is, the harvest extends over much of the summer and into the fall. The work of harvest is spread out over the weeks and months. Truly God has been good to man. "He hath made everything beautiful in his time..." (Ecclesiastes 3:11). Not only is the fruit beautiful and good, but the timing follows a beautiful pattern for our benefit.

The forces of nature are obedient to the laws which God has made for them. This is the reason for the perfect timing of the seasons and their fruits. But sometimes, there is an interruption to the timing. The weather may become very warm early in the spring and then after the fruit trees are in bloom there may come a hard frost. Such mis-timing can cause great loss. God may use these things to teach man a lesson or to punish him. How thankful we should be that almost always nature is on time, for thus our supply of food is assured.

The intense cold of winter causes the plants to appear to be dead. At temperatures far below zero it would seem impossible for any living things

(Continued on page 31)

Cake Came Back

As Anne High came up the steps to the Drayer's home she drew her skirts aside disdainfully from the old gray-haired man sitting there eating a lunch. It was one of Sue's gay yellow and white plates. She frowned. A cup of coffee, steaming hot, sat upon the step beside him. The wayfarer flinched as if her casual glance held a stinging lash in it.

"Sue," began Anne accusingly, "why must you feed every tramp that comes along?"

A timid rap sounded upon the kitchen door and Sue ran to answer it. "Thank'y, ma'am," the tired, faded blue eyes looked into her warm brown ones, "it put a bit of heart in me."

"I'm glad it did," responded Sue, her smile a very lovely thing to see. The old man pulled at his ragged cap in a courteous gesture as he stepped down off the steps and trudged away.

The set of his shoulders was so brave that as Sue watched him she hoped something very good was waiting for him at the end of his journey.

It was with a bit of reluctance that Sue turned again to face her critical neighbor.

"Sue," Anne was a determined being, "if you must feed tramps why not put something in a sack and be done with it? The idea of putting a lunch on one of your best plates, and handing out a cup of hot coffee besides!"

"Oh, come now," Sue laughed nervously, "haven't you heard of casting bread upon the water?"

"Nonsense!" Anne was irritated. Just then the shrill buzz of the telephone provided a welcome diversion.

Sue and her young husband had come back to the farm after he had lost his job with a construction company. They were glad to have shelter and food. Perhaps it was the memory of the last days in the city when their supplies had been almost at the vanishing point and resources almost exhausted that made Sue responsive to the infrequent requests for something to eat.

In the hurry and bustle of unexpected company who came for sup-



per she did not think of the incident again until she and Russell were retiring that night.

"Say, honey," she giggled, "would you rather not have me feed tramps?"

"What makes you ask that?" he asked, stifling a yawn.

"You should have heard Anne pitch into me today."

"If we were overrun by tramps," he said thoughtfully, "or were close to a railroad where all sorts travel, I might object. But I hardly think it will break us up at the rate you've been feeding 'em!"

For a time no one else stopped at the Drayer home to ask for something to eat. One day it began to rain and kept it up for several days. Anne High complained because it made extra work for her.

"If we were in the city," she berated patient Wesley, "I wouldn't have to be cleaning mud all the time."

"I wish we were back." A wistful light shone on the man's thin face. "Then perhaps I might be employed in doing the things I like best rather than tussling with plowing and seeding."

"And it certainly doesn't look as if we will ever get back either," Anne said peevishly.

Because Wesley had the barn door closed he failed to hear a car drive up and stop in front of their house. Anne opened the door impatiently in answer to an imperative summons. A tall, ungainly man, mud-spattered faced her. He asked abruptly, "What's the chance for getting something to eat? Had engine trouble and will be unable to keep an engagement."

She was shaking her head ungraciously. "We've had our dinner. Nothing left over." Then as the man

turned away she added hastily, "But I can tell you where you can get something to eat. See that house down the road." She pointed. "The white one with orange trim. They will give you something."

Anne smiled to herself as though she knew a keen joke. Since it was to Sue's liking to feed everyone who asked, let her feed this muddy-booted stranger! For a moment she wavered, tempted to run out to the barn to tell Wesley how clever she had been. But she decided not to, since there were times when Wesley was heartily in accord with Sue's ideas.

Sue Drayer was washing the dinner dishes and Russell was bending over a cardboard model of a house he had designed. A sharp rap was heard. She ran to see who was there. The mud-spattered stranger asked, "What's the chance of getting a bite to eat?"

"Good!" she grinned at her questioner. "That is, if you're willing to sit down in my kitchen and wait a bit until I cook you something!"

As he followed her in the cheery kitchen she waved an airy flip toward her husband, saying, "This is Russell Drayer, my man."

"And my name is Burns," volunteered the older man, appraising his host from gray eyes overslung by heavy brows. "Like to wash up?" Russell was the thoughtful host to show the stranger the basin, soap and towels. He brought steaming hot water. The man washed, reached in his vest pocket for a comb, sat down and began talking about the weather.

Sue broke eggs into the juice left from frying a thick slice of meat, set out apple sauce, bread, butter and

(Continued on page 31)

A Time to Every Purpose

Mary Holbert

The world is such a wonderful place—be it summertime, winter, fall, or springtime. The beauty of each season brings pleasure to all of us, if we do not become too busy to see the beauty around us. If we become too busy to see the beauty of nature then perhaps we are too busy to find that quiet moment with God. If so, this can become the real tragedy in our lives, for how can the Lord give us peace of mind if we never stop long enough in this hectic routine of life to allow Him to come to us?

A few moments stolen from a busy day to glimpse a sunset or a sunrise is good, but is not enough. We should find a quiet time each day to be with the Lord. This time could be a time for meditation, for prayer, or for studying God's Word.

In Ecclesiastes 3:1 we find, "To every thing there is a season, and a time to every purpose under the heaven." This indicates that there is a time for all things. We know David found time to be with God for he said, "Give ear to my words, O Lord, consider my meditation" (Psalm 5:1). Daniel had a special time to pray. The Bible indicates that there is a time to be alone with God. "But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly" (Matthew 6:6).

This time with God need not be quiet in the sense that there is no noise—there could be singing of beloved hymns or playing of them on an

instrument. The main idea is to find some time to be with the Lord—a time when daily routine is shut out, a time when we can say to God as did David, "Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength and my redeemer" (Psalm 19:14).

David was a great meditator and offers us numerous guides for our quiet moments with God. He says:

"Delight thyself also in the Lord . . ." (Psalm 37:4).

"Rest in the Lord, and wait patiently for him . . ." (Psalm 37:7).

"Cast thy burden upon the Lord . . ." (55:22).

"O God, thou art my God; early will I seek thee . . ." (63:1).

"Truly my soul waiteth upon God . . ." (62:1).

"Glory ye in his holy name . . ." (105:3).

Isaiah sums up what quiet moments with God can do for us. "But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; and they shall walk, and not faint" (Isaiah 40:31).

It is a remarkable privilege we have to tap this great source of comfort and strength which God offers. We should let our quiet moments with God be refilling times, when God's peace of mind which He has promised to all of us can fill us to overflowing. "And the peace of God, which passeth all understanding shall keep your hearts and minds through Christ Jesus" (Philippians 4:7).



Burden of the HOUR

Osie Hertzler Ziegler

"Mommy, oh, Mommy, do come here!"
I heard her call and sensed the fear
In her childish voice as I knelt by the side
Of her little bed. In vain I tried
To comfort her. "Mother's here,
don't cry!
You've only been dreaming, my dear.
Now try
To go back to sleep." She clutched
my arm,
"They are dropping atom bombs on
our farm
And I'm afraid!" ... Memory slipped
away
To my childhood dreams of yesterday;
Chased by animals, caught in a flood
Of frightening things that chilled
my blood;

But Mother's voice through the still,
dark night
Had been enough to calm my fright,
And always with the coming day
My nightmare dangers had fled
away.
But ah, I could not tell my one,
With morning the danger would be
gone.
This thing was far too big for me
Whose own heart quailed. There
had to be
Some greater comfort for her fear.
I whispered, "Dearest, God is here;
He's greater than bombs or wicked
men!
He's watching over you." 'Twas then
The fear died out and her eyelids
drooped,
But a burden weighed on my heart
as I stooped
To drop a kiss. I slipped to my knees
And prayed. "Oh, heavenly Father,
please
Give me wisdom to teach my little
one,
Born in the age of the atom bomb,
And war, and terror, air raid, and
jet,
To understand God ruleth yet.
Help me plant her feet on solid
ground
And teach her faith, though fear
abound.
May she know that when man's ef-
forts fail,
God's mighty power can still pre-
vail." —Selected



Four Principles of Christianity

Marilyn Brunson

Admitting, committing, remitting
and transmitting are the four princi-
ples on which our lives should be
based.

Admitting is a necessary action
in the foundation of a satisfying re-
lationship with God. We admit our
sins to Jesus, the Divine Mediator
between God and man. This is not
done for the purpose of letting Him
know; because, God sees everything
we do; hears everything we say; and
knows the thoughts and intents of our
inner hearts. Rather, this is done for
the purpose of facing the fact and
reality that we have sinned. It is
necessary to establish in our minds
and hearts, freedom from guilt. After
we have repented and been forgiven,
we will be able to have a more con-
tented life.

The second step is committing. We
must commit ourselves unto God for
He is the way through which our
salvation is established. We should
place ourselves in His hands and
make ourselves subject to His serv-
ice. Willingness to follow in Christ's
footsteps should rank high in our
everyday life. We should serve God
in purity and obedience, keeping our-
selves unspotted from the world,
with a pledge of allegiance unto Him,
the Supreme Judge and Lawgiver. If
a white candle has even the smallest

speck of dirt on it, the dirt will dis-
tract the glow of the candle. Our
lives should contain high standards,
in a way that we would feel honored
to have Jesus with us wherever we
go, whatever we do and hear the
words we speak.

Remitting is for the purpose of re-
paying a small portion to God in our
most humble attitude, for the bless-
ings He has bestowed on us. Our
lives were made possible by His won-
drous power and grace. He has given
us homes, food, health and above all
the joy of being His children. Every
element in the universe belongs to
God. If this is true, shouldn't we
be willing to give Him our service
in return? We are given 168 hours
each week in which to live and the
24-hour Sabbath is none too large to
devote to God. Tithes should also
be a section of our remittance.
Through tithes, others are able to
learn of Christ. If in His kindness,
God allows us to prosper, we should
return some to Him to show our
thankfulness and gratitude.

If we are sincere in the aforemen-
tioned three principles, we should
have the natural desires and ambi-
tions to carry out the last one, trans-
mitting. This is the most essential
element for the completion of our
principles. Perhaps many times we

have heard someone speak of the "last days." We should do unto others as we would have them do unto us. How would we have felt, had we not learned the truth? This is a time when it is our responsibility to carry forth the message of salvation and as a Christian, it is our duty to act first toward others.

In the life hereafter, when our lives as mortal beings are over, we will not have a second chance to do that in which we failed. Even though most of us cannot be foreign missionaries, we can work to improve our state, town, home and individual lives.

It is always easier to let someone else do the work, but as the saying goes, "A quitter never wins and a winner never quits." If others do the work, they will receive the rewards. If a runner stopped trying and lagged behind in the race, he would not win even though he had put forth some effort. Our job cannot be halfway done. We can't go through life with an "it doesn't matter, I don't care" attitude. We must go all the way—completely surrendered to the will and commandments of God. We should strive for perfection and in our search for a more pleasing life and closer walk with God, help others do the same. As God's chosen people we must live by His requirements; according to His Divine Will with the mode of life to transmit light into the darkness of the dying world.

A Negro church in Kansas City has as its slogan: "Wake up, sing up, preach up, pray up; but never give up, or let up, or back up, or shut up until the cause of Christ is in this church and the world is built up."

Perfect Peace, Where?

Roger Blankinship

What is perfect peace? This is a question that many people ask today with all the news of war, sputniks, and earthquakes. All of us are living in a great age, but it is also a terrifying one. What do all of these new signs and wonders mean? Will we ever be able to enjoy a lasting peace? Many of us think on these questions at different times, and there is an answer to each and every one of them. The answers are found in the Bible, a Book we all have heard about or read, but maybe never really studied.

What is perfect peace? There is only one answer to this question. It is found in Romans 8:6. It says, "For to be carnally minded is death; but to be spiritually minded is life and peace." Peace is mentioned here in a very special way. It says if we are spiritually minded we will have life and peace. Not the peace from troubles, perhaps, but the peace that God gives to His children.

"What does it mean to be spiritually minded?" may be the next question that comes into one's mind. It means simply to have one's mind in tune to spiritual things and in tune with God. Many people think of this as an impossibility. "How can I ever be in tune with God all the time?" they ask. There is also only one answer to this question. It is also found in the Bible in Romans 10:9-11. Read it. It says that if we confess the Lord, and believe, we shall be saved. Then the only way to get this peace is to accept Christ. Compare this with Romans 5:1. It says, "Therefore being justified by faith, we have peace with God through our Lord Jesus Christ."

Our Stinger Tongue

Sue Schock

HAVE YOU ever said something in haste or especially in anger and almost instantly afterward wished "If I could *only* take those words back"? I am sure we have all done this at one time or another. Yet, there is nothing we can do but let the words lie where they may. Words that have been said in haste or anger—for that one small minute—may afterward cause a deep-centered emotional effect on the angered one and particularly on the receiver.

Emily Dickinson once said:

A Word is dead
When it is said
Some say.
I say it just
Begins to live
That day.

There is certainly more truth than poetry in this ode. Whenever one speaks, he naturally thinks his words will soon be forgotten. But—does he stop to think how it would sound if

he were the one spoken to instead of the speaker? This should be the key to our thoughts—whenever one speaks in haste to ask himself how this would sound if he were on the receiving end.

God gave each one of us a tongue and vocal chords so that we may communicate one with another. I wonder if He thought we would be using these precious gifts the way we do some times.

There is a way that we can get around these "outbursts" of misconceptions of our tongue. I don't think that we should "spout off" and then have to take two "leading brand aspirins" to make us feel better again. This may help you physically but certainly not mentally or spiritually. Some people say to "count from one to ten" and by that time one has forgotten what he was going to say and his anger has subsided. My little philosophy has al-

(Continued on page 31).



YOUR HEALTH CLINIC

Specializing in Internal Medicine

Counselling and advice by Dr. Victor Reeh

Dear Doctor Reeh,

One hears so much about cholesterol and heart trouble these days that it's hard to know what to believe. I don't have heart trouble myself, but I would like to know the truth. I have heard it said that exercise is good for the heart and that heart trouble more often strikes those who are relatively inactive or have sedentary jobs. Yet, it seems as though most heart patients refrain from any strenuous activity. Why is this and what are your views on exercise and health?

Sincerely,
Jess Wundring

Dear Jess,

To answer your first question, the prevention of a disease or condition is quite different from the treatment thereof. Exercise is often recommended for the prevention of heart disease because it helps to prevent deposits of cholesterol from forming in blood vessels and around the heart. However, once a person already has a weak heart overactivity or sudden fright may cause a clot to form resulting in coronary thrombosis, more commonly called "heart attack."

As to the contribution of exercise to general health, I must concede that it is definitely to be encouraged, though it cannot be regarded as a

panacea or as a guarantee of long life. Exercise strengthens and tones that part of the anatomy upon which it is concentrated, helps to improve circulation, often aids relaxation, and promotes a feeling of general well-being. However one must not allow himself to become an exercise fanatic, for its importance is minimized when compared with certain other values. "For bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come" (I Timothy 4:8). Bodily exercise has promise in the life that now is but lends nothing to the life which is to come, thus the admonition in the preceding verse, "exercise thyself rather unto godliness."

We would do well to follow the example of our Lord Who exercises "lovingkindness, judgment, and righteousness" (Jeremiah 9:24). The Bible further admonishes us to exercise our senses to discern good and evil (Hebrews 5:14) and to exercise our conscience to be "void of offense toward God and toward man" (Acts 24:16).

You particularly mentioned exercise in relation to the heart. There is one exercise which I highly recommend to improve the condition of the heart—kneeling in prayer. This

(Continued on page 26)

This article was awarded first prize in the writing contest conducted by the church at New Auburn, Wisconsin.

LOVE

Faith Ling

(As I understand I Corinthians thirteen, and some added views and points of Scripture.)

WITHOUT love we are nothing. God purposed for you and me to exist in this world so that we could fill our lives with love for one another. We are challenged to make the very best of ourselves in spite of the devil's temptations and the ugly mass of wickedness around us. We know of many people who use their talent to entertain, their knowledge to teach, their wealth to support; but if their lives lack charity, they are as nothing before God, and they profit no part of eternal life and happiness.

Love is the secret to happiness, for along with the spirit of love comes joy, peace, longsuffering, gentleness, goodness, faith, meekness, and temperance. Yes, one will be willing to suffer, for even suffering will not take away the happiness and contentment found deep down in the heart full of love. Happiness comes from the knowledge that someone cares for us. Through kind words and deeds, we recognize the warmth of love and happiness. Our closest friends and relatives tend to be very important to us because we know they love and appreciate us. However, it is necessary that we develop a love for all our fellowmen.

We tend to show charity by giving up our own desires in preference

to making others happy. In other words: charity does not boast, but is humble; is not proud, but meek; and it doesn't deal with selfishness and envy. Thus, in living for the Lord, and witnessing about him, let us rather testify in the spirit of thankfulness, than by a way of exalting ourselves.

No greater love is there than the love by which God sent His Son into this world to live in the flesh of man, and, most important, to die on the cross to pay for the sins of man. Only by accepting Him as our Saviour, then living for Him, can we come to know just a taste of the depths and riches of Christ's love. If we ask the Lord, He will send the Holy Ghost to lead us into all righteousness. Then, we must never leave our first love, but add to it as we grow in grace and knowledge.

Charity thinks no evil and is not swayed by wickedness. Think of God's love in relation to His righteousness. By this you can see that righteousness and love go hand in hand. We can't have one without the other. If we say we love God, but serve the devil, we are as liars, and no liar has any right to enter God's kingdom.

We must come to know the right kind of love. I have read that "the love of money is the root of all evil."

This is a material thing and is, in this case, an idol. This kind of love, the love of worldly treasure and pleasure, is very dangerous and certainly unprofitable. Charity rejoices not in iniquity, but in righteousness and truth.

Jesus never fails. This saying is well known among church goers. Just as Jesus never fails, charity never fails. It is not among the many things that do fail, and sooner or later pass away. Christ's love is always there to be used, and never fails anyone. So it should be with us. He is a perfect example of love. He was willing to endure all the many things that came before Him, even to bear the cross. We should be as willing as Christ. For no greater love hath a man than this, that he lay down his life for a friend. Jesus advises us to love our enemies and to pray for those who spitefully use us.

In the present world we only know a part of what is and what is to be, and likewise we prophesy. When Jesus comes again, we will have the perfect knowledge and wisdom which we had never known or come to realize in our mortal lives. Now we are as children because we have not the understanding, knowledge, or wisdom that Jesus has. We see through a glass darkly. Someday, though, we will be like Him and will know even as He knows us. As for now, we can only do our very best for Him.

Doing our best means the reading and study of God's word in all sincerity and truth. Then we must live it to the highest degree, or fullest extent, that we can. This we do by hiding it in our hearts. Taking advantage of any chance we have to witness is required in service to

God. Courage to serve comes by the Holy Spirit through prayer and believing God will help us.

Faith is of vital importance in fighting the Christian battle. Without faith it is impossible to please God. It is by faith that we accept Him and His Word. However, faith, if it is without works, is dead. Believing in God and serving Him go together. When we pray for strength, we ought to ask believing He will help us. Then it is up to us to honestly try. In many places the Bible states that by faith someone did some certain thing. If we believe, but do not have love, we are as nothing. We ought to be sober, putting on the breastplate of faith and love, and for a helmet, the hope of salvation.

Hope is a very needful thing in the fulfillment of Christian living. It would be very hard to serve Christ if we didn't really have the hope of eternal life with Christ, and, of course, through Him. If we hope, we will wait patiently for His return. Therefore, we must hope to the end. While waiting, we are to fill our time serving the Lord in every way that we can; using our talents to teach, preach, sing, speak, etc. Only by love can perfect hope be obtained. The hope of the unrighteous shall perish. In this life we hope for many things. However, we must only hope for the things that are according to the will of God.

Two of the greatest commandments are about love. They are: love thy neighbor as thyself, and love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind. When we have this quality of charity, the many other Christian traits will surely come also.

Project of the Month

Youth Week Outing or Retreat

Virginia Heavilin

This topic might bring up several questions—first and foremost being: "What is it?" This is an apt question, for it is a comparatively new type of religious project—especially in the youth field. What is it? Let us first point out what it is *not*.

The first thought that enters the minds of some is youth camp. But they are not the same and there are some distinguishing differences. It is true that both are Christ-centered and geared to the training of youth. Perhaps the main difference is the emphasis—secondary to the main purpose. Youth camps emphasize Christ-centered recreation along with an evangelistic program, aimed at winning unsaved youth. Youth Outings or Retreats stress the devotional life.

The time element enters into this. Youth camp is usually about a week in length. Youth Outings do not exceed a half week in length. Many are just a week-end; some may be only overnight. The shorter the time spent, the more concentrated is the devotional aspect. This is easy to understand because young people can endure only so much of this concentration before it becomes ineffective. They have not yet reached the spiritual depth necessary for long stretches of it.

Another feature about the Youth Retreats is that they can be held any

time during the year because of their brevity. Some have been held during winter vacation—some, spring vacation—others in the fall. These can serve as booster stations in the spiritual life of the young person through the year. However, because of their expense and preparation time, only one is held during the year. Therefore, if it is not so close to the Youth Camp, it has greater value.

Its flexibility makes it especially convenient. Besides the fact that it is not limited to the warm summer months, it is also unlimited in its location. It may meet in some outdoor spot where tents can be pitched—perhaps at some rural home, or resort cottage. It may meet on church or school grounds—either college or academy campuses. A church is also a suitable place, with the participants spending the night in homes of the host church; or it can meet at a regular youth camp or camp meeting grounds.

And now we have come to the most important question of all: "Why have a youth outing?" It has already been suggested that it serves as a booster station, but how? Is it really worth the expenditure of money? In the first place, its brevity renders it more within reach of all of the young people in your group—in two ways: fewer working young people will be hindered by a week-end arrangement and then its ex-

pense is almost nil. An average charge is two dollars. But the expense per young person will depend upon food contributions of parents and the place of meeting—also transportation available.

Now that we have this usually disturbing factor out of the way, we again consider our most important question. Is it really worth the time, trouble, and expense? Few young people will entertain any doubt in regard to this question. The fellowship of Christian young people is vital to their training and growth. More than one local church group can be included in this: isolated youth can participate. The bond of fellowship within the church at large is unquestionably strengthened. The more we get together and the more we share ideas on different phases of our lives, the better we understand and love one another and the better we can cooperate in the great work of the Lord. We adults must consider: what we do for our youth, we are doing for our future church. Isn't this important enough to concern us? The strength of our future church will depend upon the spiritual growth and loving unity that we are helping to form in our youth now.

Suggestions for the program will help to clarify the "why" question. Remembering that the emphasis should be upon the devotional aspect, we find we can approach this part of our purpose from several angles to provide a varied program.

Meditation should be stressed throughout the session. The rest of the program is designed to contribute thought material to make their meditations rich and deep—in other words, to open their minds and hearts to hear and to respond to the in-

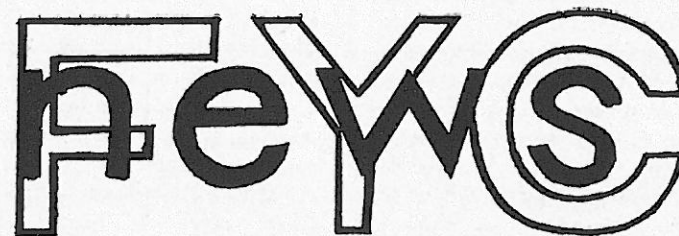
fluence of the Holy Spirit. God's Word admonishes us to "Be still, and know that I am God . . ." (Psalm 46: 10). This could serve as a theme for the outing. Also, we are told in Psalm 4:4b: "Commune with your own heart . . . and be still." Why are we told to do this? Because it is only as we are quiet that we can hear God's still small voice. The world about us is so noisy; it is only as we take time out to go apart in quietness that we can hear Him speak to us. Our Lord went out to the Garden apart from the world often to commune with God; we need to, even more.

Begin the day with a song service, prayer, and scripture reading. This service may well set the tone for the day. Other inspiring services, interspersed through the day, can be one—or more—study groups, dealing with a particular topic, pertinent to young people's needs. Also the study of a particular book in the Bible—perhaps one containing special admonition to young people—can help to direct their thinking. This would not be practical for the shortest sessions, since some study time would be necessary for the maximum benefit.

Nature hikes are a real asset in suitable weather and location. This type of thing seems to be conducive to reflection. When pursued singly, one can experience the feeling of being "alone with God." God often speaks to us as we acquaint ourselves—first-hand—with His creation.

The devotional time can also include one or two worship services with a main speaker—before dinner and after the supper hour. All of these might be considered the times when God speaks to the individual.

(Continued next month)



Mark of Merit Is Born

Elden Fischer

With the start of a new year a new program was born to our Young People's Department. The arrival of this program and its description was announced in a manual printed and mailed during the middle of November. Those who got a look at the new addition to the Young People's family liked what they saw. (This new addition was named Mark of Merit.) Many groups liked this young program so well they adopted it.

In the past three months this program has grown under the constant care and attention of the local FYC-ers. This program consists of 10 standards such as organizing according to our Constitution, registering all young people, holding youth rallies, having projects, holding socials, conducting business meetings, making reports, supporting the National Organization financially, getting *Aim* into all homes, and supporting our foreign worker. Each activity has a certain point value and a local FYC earning 350 to 500 points during the year will be awarded a silver certificate of outstanding achievement and those FYC groups earning better than 500 points will receive a gold Mark of Merit.

If you have not started in this program do not delay another week but help this program grow as you grow spiritually.

The following are reports from local FYC's in the Merit System program:

FAIRVIEW, OKLAHOMA

Fifteen registered young people make up a very active group under the capable leadership of Calvin Burrell. *Aim* goes to all homes and this group supports our foreign worker and gives its fair share to the Young People's Department. In the first quarter of the year the group has sung for a rest home and distributed tracts as projects. Their regular FYC Service is the first Friday night of each month. They are faithful boosters of Oklahoma's State Youth Rallies. They have had three business meetings and three socials in the first three months of 1963. Presently the group is purchasing song books for the local organization.

210 Merit Points

MARION, OREGON

The Marion FYC is active in the Merit System Program. The FYC's have presented a well-organized program on the theme of "The Call to Worship" bringing out good and poor conduct in church. About 95 attended this rally. They have also held a

rally jointly with Harrisburg and Elmira. The young people made themselves useful in sanding down church pews and tending to flowers and shrubs during a clean-up day. Marion also helps sponsor Brother Gibson John of Nigeria. This group is organized according to the FYC Constitution and all young people are registered with the Young People's Department. Marion is planning for a Youth Emphasis program on May 4. Mike Helms is the leader and Lon Sheffield is the secretary-treasurer of the group.

120 Merit Points

MUSKEGON, WEST OLIVE, GRAND RAPIDS, MICHIGAN

The tri-group of western Michigan under the leadership of Ralph Durham has organized and registered a group for 1963. This group helps sponsor Brother Gibson John and has collected used church papers to send to him in Nigeria. At the January youth rally a memorable talk was given by Art Cummings in the form of a Science class. A box social was held to raise funds and a taffy pull was held in Muskegon in January. In February a volleyball social was sponsored by the West Olive young people in the Baver gym. Martha Cummings is the local sponsor.

145 Merit Points

LODI, CALIFORNIA

Although only four young people are in the FYC group, these young people are still very active. They are organized, registered and have had 100% attendance at all activities. *Aim* goes to all homes. Their young people's meetings are the first Sabbath night of each month. Lodi rotates their combined young people's

meetings with two other churches. Lodi has been host to a State Youth Rally. Each month they try to visit, sing, and read poems for those who need encouraging. They took part in visiting an isolated group. The young people helped with spring clean-up at the church which consisted of waxing floors, dusting, and cleaning windows. They are now trying to raise funds to buy a camera for a foreign worker. At socials they have games, ping-pong, and one night had the use of a gym. Janie Severson made the report.

150 Merit Points

* * *

Harrisburg FYC

Whenever a month has five Sabbaths, the young people take charge of the entire church services, including Sabbath school, class teaching, and after program.

On March 30, 1963, under the direction of Margie McGill and Ilene Sherman, the young people presented an interesting program of special songs, including a number by the primary group, poems, and talks on the Ten Commandments given by Elden Crowson, Numan Haffner, Leora Merrill, and Shirley Johnson.

* * *

Two Weddings At Eureka

The marriage of Miss Janet Ann Forkel and Samuel Rymen was solemnized on Sunday evening, March 10, at the Eureka Church of God with Elder Reuben D. Moldenhauer officiating at the ceremony.

Janet is the daughter of Mr. and
(Continued on page 30)

SCHOOL BIBLICAL NOTES

Report from S.V.A.

Another month has slipped by and it is time once again to bring you up to date on the events at S.V.A. The time seems to be gently fleeting by; it is difficult to comprehend that we have only a few weeks left to enjoy the fellowship of our friends here at Spring Vale—and therefore there will be only one other S.V.A. report coming your way. This leaves us with a rather queer feeling; the thought of leaving Spring Vale isn't a very pleasant one to me. But as the saying goes, a good thing can't last always.

The weather typical of springtime seems to have caught on that it is now time to pay Spring Vale a visit (unless it has another temper spasm and decides to leave for a spell). Along with the nice weather comes the customary spring fever to many students; as well as the increased outside activities such as long walks in the woods, playing volleyball, softball, dodgeball and other games to be played outdoors.

There was a significant item which I failed to report last month; that is that a man from the Gideons, Mr. Fred Moore, visited S.V.A. on Friday, March 8, and gave a talk. Mr.

Moore is a Physics teacher at the Owosso High School, and his message dealt with how his study of science had increased his faith in God. His talk was greatly enjoyed by Spring Valers. After his talk, he gave away Testaments to the new students of Spring Vale.

A revival was held at S.V.A. on March 19-22 (also including the following Sabbath morning) by Brother Garland Brunson from Midwest Bible College. Marvin Keim, also an M.B.C. student, accompanied Brother Brunson and his family for the revival services. I would like to express appreciation in behalf of everyone at Spring Vale for their willingness to come to S.V.A. for this purpose. A great benefit was gained from these services. We hope that they enjoyed their visit here as much as we enjoyed having them.

The new officers for the Junior Miss club were installed on the night of March 23. One of the projects of the club for the second semester has been to buy a punch bowl for the school. The club is now planning to have a bazaar on Monday, April 8 at Murphy's store in Owosso. Both homemade baked goods and hand-sewn articles are to be sold.

(Continued on page 24)

"Take Time for God"

PROGRAM

Nelson Caswell

Rightly Dividing The Word of Truth

Did you ever have the experience of reading several pages out of a book and then realizing suddenly that you weren't paying attention to what you were reading at all? Maybe you were thinking about yesterday or your mind was far away in dream-land, but yet your eyes were following the lines and you were turning the pages.

One can do this with any book and even with the Word of God. Any reading which we don't understand is very apt to be boring and this, consequently, causes our reading to be unprofitable. Perhaps the Bible is one of the least understood books for the average person because it is spiritually discerned. It takes searching and study to understand the Bible and this many people don't take time to do.

Because the Bible is deep, it's easy to cover it with our eyes but not with our hearts and understanding. Paul said in I Corinthians 14:15, "I will pray with the spirit and I will pray with the understanding also; I will sing with the spirit and I will sing with the understanding also." In other words he's saying that it isn't enough to pray, or to sing, but we must do so with the understanding also. It's not enough just to read but

we must read with the understanding also.

Paul also indicated that he'd rather speak five words which could be understood than ten thousand words and have none of his listeners comprehend. We might conclude then that it's better for us to read five words and understand them than ten thousand words and have no knowledge of what we read.

If you enjoy reading a chapter a day, it means you are paying attention. If you don't enjoy it, you are probably saying, "Aw, it's too deep for me." But don't ever be discouraged if everything you read doesn't seem crystal clear. Be patient in your searching and studying and pray for understanding.

Then there's another important part of searching the Scriptures and that is that we rightly divide the word of truth. It's so important that we don't seize a verse and jump to conclusions without considering the rest of the Bible. It is very easy for one with strong pre-conceived notions to do this. One can want so badly to find support for his own pet theory that he will grasp at any Scripture that seems to support it. This is dishonest because it does an injustice to God and His Word.

It is because of this kind of dishonest handling of the Bible that many attack it as a contradictory

book. It is because people abuse the Bible that it was necessary for Paul to caution Timothy to "Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth" (II Timothy 2:15).

Peter also recognized scriptural writings as hard to understand and shows that they can be twisted in his words of II Peter 3:15, 16, "... even as our beloved brother Paul also according to the wisdom given unto him hath written unto you; as also in all his epistles, speaking in them of these things, in which are some things hard to be understood, which they that are unlearned and unstable wrest, as they do also the other scriptures, unto their own destruction."

If Peter and Paul both emphasized these things it's important for us to sit up and take notice. What need we any further witness? And the further advice of Peter which follows will provide a wonderful conclusion to the subject. II Peter 3:17, 18: "Ye therefore, beloved, seeing ye know these things before, beware lest ye also, being led away with the error of the wicked, fall from your own steadfastness. But grow in grace, and in the knowledge of our Lord and

Saviour Jesus Christ. To him be glory both now and forever. Amen."

May 15	Acts 1
May 16	Acts 2
May 17	Acts 3
May 18	Acts 4
May 19	Acts 5
May 20	Acts 6
May 21	Acts 7
May 22	Acts 8
May 23	Acts 9
May 24	Acts 10
May 25	Acts 11
May 26	Acts 12
May 27	Acts 13
May 28	Acts 14
May 29	Acts 15
May 30	Acts 16
May 31	Acts 17
June 1	Acts 18
June 2	Acts 19
June 3	Acts 20
June 4	Acts 21
June 5	Acts 22
June 6	Acts 23
June 7	Acts 24
June 8	Acts 25
June 9	Acts 26
June 10	Acts 27
June 11	Acts 28
June 12	Titus 1
June 13	Titus 2
June 14	Titus 3

It is Always a Good Plan

- To give a little better service than you are paid for.
- To treat other people a little better than they treat you.
- To believe the best of anyone as long as you can.
- To laugh at your fears and be kind to your hopes.
- To take the wishes of the Almighty into consideration early.
- To treat your body with respect if you want it to serve you faithfully.
- To pray for more mercy than justice.

—Selected

Report from SVA

(Continued from page 21)

The annual spring vacation was on March 29-31, following the nine-weeks' tests which marked the end of the first nine-week period in the second semester. Most of the students went visiting during this break—most of them going to the homes of fellow students. It was a welcome break from school work; everyone came back with new zeal to work harder.

There have been two visits to the teen-age traffic court in Corunna since our last report. One was on Tuesday night, April 2. David Gjesdal, Sally Parrish, and Sharon Westfall were selected as jurors on this round. The other visit was on Monday night, April 15; this time Mack Baker and Dan Coulson served on the jury. The students seem to enjoy these court sessions quite well; there is no doubt that good lessons are learned from them.

Another visit was paid to the Old Folks' Home in Corunna on Sabbath afternoon, April 6; and a program of singing, etc., was presented there. Also, on Sabbath, April 13, a group of students went to the home of an elderly lady in Owosso and presented a program of special singing. This lady was contacted during the time we were advertising the revival and passing out tracts in Owosso. She has been a shut-in for fourteen years, and expressed her wish during these house-to-house calls to have some Spring Valers come and sing for her. A great blessing was no doubt received by those who had a part in it—as they attempted to bring some added cheer to someone.

The ordinance of foot washing and

the Lord's Supper were observed here at S.V.A. on Sunday night, April 7. Mr. Keim, principal, was in charge of the service, and Elder Floyd Turner delivered a short message dealing with the Lord's Supper. The men and women separated for the foot washing services; then rejoined to partake of the sacred emblems.

On Monday, April 8, the Science class with the teacher, Mr. Brumm, went to Coda Hall in Detroit for the Science Fair. The entire afternoon, and up until 8:00 that night, was spent in observing the different displays which students from the various Detroit schools had brought. There were project displays in several different fields; e.g., Physics, Mathematics, Biology. It was quite a fascinating evening, well worth the time spent there.

And so we come to the conclusion of another month's report. We hope to see you again next month for the final one of the year. In the meantime, remember and plan to come to the graduation at Spring Vale which will be on June 1.—*Carol Millican*

* * *

M.B.C. News

The first half of April went by very swiftly at M.B.C. Time does not stop or wait on us. We are living in the space age, so we must get up and go to fulfill our duties and calling. The second semester is drawing to an end, and the race is almost won. In running a race, one does not slow up or take a little rest near the finishing line, but one runs faster. So it seemed in the month of April, with such a full schedule.

One of the main events of the month was special, consecration meet-

ings held from April 3-5, each evening, under the direction of Elder Kauer, director of the college. The meetings were a blessing and inspiration as Elder Kauer spoke on the subjects pertaining to the Lord's Supper. The meetings were well attended by the college students and other members of the church.

On Sabbath, April 6, everyone enjoyed the fellowship meeting here at Stanberry. There were many visitors present from St. Joseph, Kansas City, Marion, Iowa, and Lincoln, Nebraska. At noon there was a basket lunch served. Many participated in the Youth Rally which was in the afternoon. Elder Jim Kuryluk from Marion, Iowa, preached the message after the program.

Sunday evening at the appointed time the Lord's Supper Service was held; it was well attended. Some isolated members from Iowa shared it with us here at Stanberry. Going some distance to be with isolated members were Elder and Sister Kiesz, Brother Roger Blankinship and Brother Larry St. Clair, who went to Milan, Missouri. Earlier appointments were made by several of the students and their wives assisting in administering the emblems and footwashing to shut-ins before partaking at the local church. Brother Fred Walter, Brother and Sister Garland Brunson, and the pastor, Elder Ray Moldenhauer, went to Gentry and the Munro Rest Home. Elder Max Morrow, Brother Clarence Lippincott and Brother and Sister John Moldenhauer went to St. Joseph where Sister Edith Lippincott was hospitalized. A blessing was felt to be able to assist in this way.

Every month there is a birthday supper at the college for the students and faculty and their families whose birthdays come during the month.

This month the lucky ones were Brothers Don Gaddy, Garland Brunson, Roger Blankinship and Elder Max Morrow.

One Sabbath Marvin Keim, Lorraine Faubion, George Tolbert, and Sue Endecott from Marion, Iowa, went to LaCygne, Kansas, for an all-day meeting. Brother Marvin Keim brought the message. Elder and Sister John Kiesz and Brother Roger Blankinship and John Moldenhauer went to Milan, Missouri, on a Friday, visiting several homes that afternoon, had services that evening and Sabbath. The brothers and sisters of those isolated churches are very thankful for these visits and do hope for more fellowship in the near future.

A basketball game was enjoyed on the evening of the 13th at the Stanberry High School gym. The St. Joseph young people visited the college and F.Y.C. members of the Stanberry church. It was an exciting game; Stanberry played hard, but lost to St. Joseph. After the workout everyone was invited to the home of Dr. and Sister Carlin for refreshments.

We are looking forward to the completion of the annual Bulletin of M.B.C. which is in the making by the student council. Also the annual spring concert is to be held here in the Stanberry church on May 8. The concert is usually very well attended by the local members and the outside people of Stanberry.

The school year is drawing to an end, everyone is looking forward to having final exams over, and for the end of another school year. Two of the students will be leaving the college this year to go into full-time ministry to help reap the fields that are fully ripe.—*John Moldenhauer*

Your Health Clinic

(Continued from page 14)

should be practiced daily, at least once; results will increase in proportion to the amount of time one devotes to this exercise.

In closing let me say this, if it's a strong body you desire, bodily exercise is for you. If it's a strong soul, exercise godliness.

Sincerely,
Victor Reeh, D.S.

* * *

"The Choice Is Yours"

(Continued from page 4)

Pharaoh's daughter; choosing rather to suffer affliction with the people of God, than to enjoy the pleasures of sin for a season; esteeming the reproach of Christ greater riches than the treasures in Egypt: for he had respect unto the recompense of the reward" (Hebrews 11:24-26).

Through Moses God made the issue very clear. "See, I have set before thee this day life and good, and death and evil; in that I command thee this day to love the Lord thy God, to walk in his ways, and to keep his commandments and his statutes and his judgments, that thou mayest live and multiply: and the Lord thy God shall bless thee in the land whither thou goest to possess it. But if thine heart turn away, so that thou wilt not hear, but shalt be drawn away, and worship other gods, and serve them; I denounce unto you this day, that ye shall surely perish, and that ye shall not prolong your days upon the land, whither thou passest over Jordan to go to possess it. I call heaven and earth

to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live: that thou mayest love the Lord thy God, and that thou mayest obey his voice, and that thou mayest cleave unto him: for he is thy life, and the length of thy days: that thou mayest dwell in the land which the Lord swore unto thy fathers, to Abraham, to Isaac, and to Jacob, to give them" (Deuteronomy 30:15-20). Thus an opportunity and a challenge are set before all.

Our first parents chose to disobey. They took of the one thing which had been forbidden them, and in so doing they brought the curse of sin upon the whole race of men. Read the account in the third chapter of Genesis.

Lot chose the way of least resistance. He chose the fertile plain of Jordan where (he thought) life would be easy. But he failed to reckon with the influence of evil, and was soon within the wicked city of Sodom. Though Peter wrote of Lot as being a righteous man (II Peter 2:7, 8), he was, nevertheless, on dangerous ground. When Sodom and Gomorrah were destroyed Lot and his family were actually forced to leave the city. Even then his wife looked back, and lost her life. Read this story in Genesis, chapters 13 and 19.

King Saul chose to disobey. It cost him his throne, his happiness, and his life. This story is to be found in I Samuel, chapters 15 and 31. Many other examples of unwise choices are recorded in the Word of God but these will suffice.

Joseph refused to commit sin against his master and against his

God. Falsely accused of the very thing he would not do, he was cast into prison. However, God blessed him for his integrity and, in the course of time, raised him to a position of honor and authority in the land of Egypt. All this is told in a most vivid way in Genesis, chapters 39 through 46.

In I Samuel 18:5-9 is recorded an incident which caused King Saul to be highly displeased with young David. From this point on through the rest of I Samuel is found the account of many instances of Saul's attempts on David's life. Yet David chose to keep himself above reproach. When the tables were turned temporarily, and David had a chance to kill Saul, or to have it done for him, he refused, saying, "... As the Lord liveth, the Lord shall smite him; or his day shall come to die; or he shall descend into battle, and perish. The Lord forbid that I should stretch forth mine hand against the Lord's anointed..." (I Samuel 26:10, 11).

The three Hebrew children (who were young men—likely teen-agers)

could have pleaded extenuating circumstances and bowed to the king's idol in violation of the command of God. But they did not. Said they, "If it be so, our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of thine hand, O king. But if not, be it known unto thee, O King, that we will not serve thy gods, nor worship the golden image which thou hast set up" (Daniel 3:17, 18). God permitted their faith to be tested even to the point of allowing them to be cast into the furnace. Then He saved them from it. To all who wisely choose to do the will of God comes His precious promise, "... I will never leave thee, nor forsake thee" (Hebrews 13:5).

Perhaps someone will ask, "How does this affect me? How shall I apply this in my own life?" A good point to remember is that we should never try to follow the crowd just to be popular. This is the way of least resistance, which leads to many evils. It is always easy to drift—to go downstream. If we would grow in grace and in the knowledge

The Lord Was Passing By

When the golden evening gathered on the shore of Galilee,
When the fishing boats lay quiet by the sea,
Long ago the people wondered, though no sign was in the sky,
For the glory of the Lord was passing by.

Not in robes of purple splendor, not in silken softness shod,
But in raiment worn with travel came their God.
And the people knew His presence by the heart that ceased to sigh,
When the glory of the Lord was passing by.

For He healed their sick at even, and He cured the leper's sore,
And sinful men and women sinned no more,
And the world grew mirthful hearted, and forgot its misery,
When the glory of the Lord was passing by.

of God, however, we must put our shoulders to the wheel, and push. The challenges of life must be met head-on. Character is not built by running away from duty, or by evading our responsibilities. Rather it is accomplished by facing up to truth; acknowledging our responsibilities; and taking our stand for God with no thought of ever turning from Him.

"Thou shalt not follow a multitude to do evil..." (Exodus 23:2). This was the command given through Moses to Israel. But someone objects that this is from the Old Testament. So let us turn to the New Testament. In Paul's epistle to the Romans we read, "And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God" (Romans 12:2). The world does not follow in the ways of God. Therefore, if we would please God we must separate ourselves from the ways of the world.

One evil habit which ought to be avoided is smoking. Of the different forms of smoking, whether pipe, cigar, or cigarette, the cigarette is by far the most dangerous. Some will disagree with this, no doubt, but we will stand by the statement. In the cigarette Satan has found a most effective tool by which to bind young people to himself. Older folks are affected as well, but here we are dealing primarily with the youth. The greatest evil in the cigarette is that it is demoralizing in nature. Not only does it ruin the health but it eats into one's moral fibre in a way, and to an extent of which few are aware, or willing to admit. It takes possession of the will of those who become its slaves. Is it not humili-

ating to have to admit that the tiny cigarette is master? Those who use them admit as much.

We trust that most of the young people who read these lines have not been taken in by this habit. To our certain knowledge, however, some have been. Let this be well understood. We do not condemn the individual, but only the habit which enslaves him. If you have avoided this habit to date we urge you to choose to stay away from it. If you are hooked by it you can be set free from it by the power of God if you so choose. Recommended reading is an article in the Reader's Digest, February, 1963, entitled "... And Slow Death." Among other things quoted in this article is the statement that a million children now in school will die of lung cancer before reaching the age of 70. But this is only one side of the picture. Our bodies are the temple of the Holy Spirit and of God if we belong to Him. "If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are" (I Corinthians 3:17). The choice is yours, but we urge you to choose wisely.

You may choose, if you wish, to follow the bizarre styles and fashions of the day. It may suffice to make you more popular with that certain set with which you keep company, but it will not bring you into favor with God. Even in some of the secular schools today the authorities are banning the tight clothing which is too suggestive, and the duck-tail and beehive hairdos. If this trend is lamented even by the people of the world why should it be permitted, or practiced by the people of God? If modesty in dress, speech, and gen-

eral conduct makes you a "square" then dare to be a square for God.

Disobedience to parents is one of the evils which Paul foresaw for these last days (II Timothy 3:2). This condition, sorry to say, is even found amongst those who profess to follow God. Far from being a light thing this is a very serious thing indeed. The fifth commandment requires of youth that they honor their parents. You cannot honor them by disobeying them. You may think you are getting by with something. It may be pleasant, for a time, to have things your own way. But remember, you are getting by with exactly nothing, for God will have the last word in such matters. To disobey is sin as much as is stealing, lying, or any other thing which the commandments of God forbid. The wages of sin is still death unless the sin is repented of, and forsaken. The choice is yours. Choose righteousness that you may live.

Perhaps you find it easier to stay away from Sabbath school and church than to faithfully attend. Many seem to think it matters little about such things. Lest it seem to some of you that we are picking on the youth

allow it to be said here that adults also are sometimes guilty of carelessness in these matters. Among other things taught in the Bible is that we be "not slothful in business; fervent in spirit; serving the Lord" (Romans 12:11). Surely the Lord's business is as important as anything else we may desire to do. Choose to be diligent in these things and God's rich blessings will be yours.

Are some of you of a rebellious nature? Most of us are unless the Holy Spirit of God is leading us, and His will supersedes our own. Some may even be inclined to feel badly that someone, or anyone, should take it on himself to write such things as are in this article. The prophet Samuel declared, "For rebellion is as the sin of witchcraft, and stubbornness is as iniquity and idolatry..." (I Samuel 15:23).

If these words hurt anyone let this thought be added: We pay the dentist who hurts us while he pulls our teeth; we pay the surgeon for cutting away some offending growth in our bodies (if the need should so require); and we are not angry with either of them.

In everything the choice is yours,

Would you like to write for our papers?

A Writer's Manual

especially prepared to acquaint you with our needs and practices will be of help to you.

It's FREE

Order yours today

Church of God Publishing House, Stanberry, Missouri

but remember, when you run away from God you run straight into the waiting arms of the devil. Is this what you really want? Why not rather come to God through the person of the Lord Jesus Christ and be saved? "Furthermore we have had fathers of our flesh which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits, and live? For they verily for a few days chastened us after their own pleasure; but he for our profit, that we might be partakers of his holiness" (Hebrews 12:9, 10).

* * *

Two Weddings

(Continued from page 20)

Mrs. Matthew Forkel of Ipswich, South Dakota; and Mr. and Mrs. Gerald Ryman of Loyalton, South Dakota, are Sammie's parents.

The beautiful candlelit wedding included Mr. and Mrs. Lester Forkel, Mr. and Mrs. Clifford Tuttle, Billy Shroeder and Tanya Dosch as the attendants; David Forkel as the ring bearer and Sandy Kipp as the flower girl. Cliff Tuttle was also the soloist; he rendered two numbers, "O Promise me," and "The Lord's Prayer," and was accompanied at the organ by Mrs. Mylo Fischer, who also furnished the other traditional nuptial music.

The marriage of Violet Jane Kiesz, daughter of Mr. and Mrs. Samuel Kiesz of Eureka, and James G. Kost, the son of Mr. and Mrs. Christ Kost of Herreid, South Dakota, took place on Sunday evening, March 24, 1963, at the Congregational Church in Herreid, South Dakota.

Margie Fischer and Merel Fuehrer were the attendants. Mrs. Albert Fischer furnished the traditional wedding music on the piano, and also accompanied Laverne Kiesz, the soloist, who sang, "O Take My Hands, Dear Father" in German, and "The Wedding Prayer."

* * *

America First

America first, not only in matters material, but also in things of the spirit.

Not merely in science, invention—motors and skyscrapers, but also in ideals, principles, and character.

Not merely in the calm assertion of rights, but also in the glad assumption of duties.

Not flaunting her strength as a giant, but bending in helpfulness over a sick and wounded world like a good Samaritan.

Not in splendid isolation, but in courageous co-operation.

Not in pride, arrogance, and disdain of the races and people, but in sympathy, love and understanding.

Not in treading again the old worn, bloody pathway which ends inevitably in chaos and disaster, but in blazing a new trail along which, please God, other nations will follow into the new Jerusalem, where wars shall be no more.

Some day, some nation must take that path, unless the world lapses again into utter barbarism.

And that we covet for our beloved America.

And so, in that spirit, and with these hopes, we say with all our heart and soul—

America first!

—G. Ashton Oldham in *Fellowship in Prayer*.

The Miracle of Spring

(Continued from page 6)

to survive. But with the coming of warm days the apparently dead trees burst their buds. Bulbs which were frozen in the earth now send forth their leaves and develop flowers. Migratory birds guided by an unseen hand return to their nesting places. Hibernating animals awaken to normal activity. Beautiful flowers on fruit trees become fruit and the green fields of grain turn to gold. In the spring everything seems to say, "God's in His heaven and all is right with the world."

* * *

One test of intelligence is what we do with our leisure.

* * *

Our Stinger Tongue

(Continued from page 13)

ways been to quietly close my eyes (not saying a word) and repeat, to myself, the beginning of the Lord's Prayer. I say "beginning" because I usually don't get a chance to finish it because my mind almost immediately completely changes.

Some of us, it is true, have to have criticism to keep us "on our toes." However, this criticism *must* be given and taken in LOVE. And, no one should be *giving* out criticism unless he can first learn how to *take* criticism. Not long ago, I heard the saying:

Whenever you are criticized—consider the source.

Then, pray for the critic—He needs it and so do you!

One can learn to control his tongue but he cannot control the tongue of his neighbor. Whenever confronted

with words from another, remember this famous Chinese proverb:

Slander cannot make a good man bad;

When the water recedes, the stone is still there.

In conclusion, let us make a special effort to mind our tongues. A great beginning is to call upon His Name. Remember—one's tongue is his most powerful weapon: it can offer loving improvement or, and most important, it can cause complete destruction.

* * *

Cake Came Back

(Continued from page 8)

pickles, and made coffee in her sparkling drip pot.

Meanwhile the man's roving eye caught sight of the cardboard model. Breaking off the trend of his remarks he asked sharply, "Some of your work?"

"Yes," nodded Russell, "my own plans."

"Mind if I look at it when I'm through eating?"

"Not at all," said Russell. He enjoyed showing his models to anyone at all interested.

As soon as the man had finished his meal he pushed back his chair and walked around to the other side of the table. His inspection was a critical one.

"What experience have you had?" he asked. It seemed to them that this man was somewhat of an authority upon the subject of designing. He questioned closely about costs, and threw Russell upon the defensive to answer tentative objections. Sue ran to bring books of plans her young husband had drawn up.

The rain had ceased and the sun was shining when late in the afternoon the man had said reluctantly that he must be traveling. They followed him out to his car.

"Maybe I'll be seeing you again one of these days," Burns said in farewell. "Want to talk some more to you about your work."

"All right," agreed Russell.

As the man drove away the two never even thought of the fact that he had not offered to pay for his dinner. If anyone had been present to point that out to them they would have replied heatedly that the man himself had more than paid for his meal by the interest he manifested and by the mood of exhilaration he had left them in.

Still they did not know a single thing about the man beyond the mere statement that his name was Burns.

There had been a curious gesture just as he was getting into his dingy car. He had halted abruptly and pointed back up the road inquiring, "By the way, who lives there?"

"Friends of ours," they told him. "Wesley High." And Sue added impulsively, "And he is every bit as good as Russell in designing plans for houses."

Now that the rain had ceased for a while they were busy from early morning until late at night. Sue felt as if she were being overtaxed by her work indoors and efforts to help Russell all that she could outside. His work upon cardboard models had to be abandoned for the time being.

"I wish there was something I might do," Sue confided to Anne High one day, "to help Russell get the work he is fitted for."

"As if that isn't the same wish I have all the time!" retorted Anne. "But what is there that either of us can do, pray tell me?"

"If I knew," Sue smiled archly, "I wouldn't be slow about getting busy!"

"Nor me either," admitted Anne. There was an unusual hint of humility in her voice, so Sue thought.

One day Russell brought in the mail. He was scanning a letter addressed to himself. "The MarVel Company. Never heard of them. Did you?"

"Nope!" she laughed at him.

"What do you suppose is on the inside?" he asked, teasing her as he toyed a bit more with the letter.

"Something like this," she said in mock awe, "'Sir: we've heard of your extraordinary skill in house designing. Would like to see some of your work.'"

"Huh!" Russell snorted derisively, "more apt to be saying, 'We'd like to sell you a course in house planning!'"

She turned around to give the mashed potatoes a final flourish when she heard Russell give a queer gasp. Spinning around to face him she demanded wide-eyed, "And what is it?"

"I'm not quite sure!" There was wonder upon his face and in his voice. "They're construction folks. Want me to come to their office for an interview. Shall I go?"

"Go?" Sue looked shocked that he'd even halt to ask that question. "Of course, you're going. When?"

"They suggested Thursday afternoon," he read from the sheet of paper. "One o'clock. That's day after tomorrow!"

The moment he was through eat-

June Is Youth Camp Month

Three Camps will be conducted in the Month of June

First — June 12 - 19 — Oregon

Silver Falls State Park. Write to Elder Rudolph Haffner, Rt. 3, Box 707, Junction City, Oregon, for information.

Lois Youngs was baptized at this camp

Second — June 18 - 22 — Missouri

Sagmount Bible Camp, Joplin. Sponsored by Missouri and Oklahoma Conferences. Write to Elden Fischer, 1403 Franklin, Independence, Missouri, for brochure.

Third — June 23 - 30 — Michigan

Caseville Outdoor Center. Write to Elder Robert Coulter, 20100 Omira, Detroit 3, Michigan, for information.

**Time is running out! Make your plans
and reservations now!**

ing Russell went after writing materials to send a note of acceptance. True, there was work to do; one cannot get up and leave a farm to run itself.

Sue worked feverishly to clean and press her husband's one good suit. She scanned his ties with critical eyes, and pondered much about this call to an interview in a city where they did not know anyone.

"Do you suppose your Uncle Ed had anything to do with it?" she asked Russell.

"Why, couldn't it have been your Aunt Evelyn?" he bantered.

"Just can't see that!" she laughed with him. Oh, it was good to feel that someone wanted to see him, though it might not come to anything in the end. She washed a dainty print dress for herself for Russell had declared that she was to accompany him to the city.

It was an excited young couple that found at last a parking place for their car—and it, too, had come in for a good polish, this car of theirs! Then Sue was left behind while Russell went to keep the appointment. Now that Sue was alone she found her hands shaking as if with ague and it was ninety in the shade. The waiting time was hers.

They had parked beside a shel-

tered little park laid out with seducing walks. There were pools where goldfish flashed. She walked the rounds.

She had brought a magazine intending to read. But after trying a half dozen times on the same column without being able to recall a single word, she gave it up. She looked at her wrist watch at least once every five minutes. One hour went by. The second drew to an interminable close. As the time dragged on her spirits lifted. "At any rate he hasn't been kicked out yet!" She was dashed to the depth again by the thought, "But maybe he hasn't seen his man yet!"

The shadows were stretching beneath the trees when at last she thought she could spy him coming. But he was not alone. The two men were laughing. It was Russell! But who was the other? There was a tantalizing something half familiar in the carriage of the man who was walking toward her. It seemed as if the ground wavered as she rose to her feet.

"Ah, Sue, here you are!" Exultant notes rang through Russell's tone. "This is Mr. Burns, the man who ate dinner at our house some time ago."

"And this time, Mrs. Drayer,"-

amazing words, "You're coming with me as my guests for dinner."

How Sue did long to pinch herself to see if she were really awake. This was surely substance of dreams. Their host led the way into the dining room of one of the finest hotels the city boasted. No mud-bespattered man was this immaculately clad gentleman across from her! Afterward she was able to recall vivid details of damask, shining silver and sparkling glassware. At the time she scarcely knew what she put into her mouth. Then it was true! Russell was to come to this city to have a job to his liking. On the way home he told her, "Do you know, while I was in their office I couldn't help thinking of the stories Granddad used to tell me about old Peter Kin, a powerful lumberman.

"Peter used to walk through the country dressed in faded clothes and felt boots, looking like some old backwoodsman. He was on the alert for men he could use in his business. Here that rainy day we'd entertained a man who didn't look as if he was any better off than we were if as well. And it has come to this."

There was so much to talk about, even after they got home again, that it seemed to Sue she would never be able to close her eyes and go to sleep. But she did.

A few days later Wesley High walked into his own house to tell Anne some astonishing news.

"What do you think?" his thin face glowed with happiness for a friend's good fortune. "Russell Drayers are going to Baldwin to live. He's got a job with a big building firm."

"A job!" Anne was incredulous. "But how?"

"That's the oddest thing about it," he continued. "Sue said that one rainy day quite a while ago a man stopped there and asked for something to eat.

"His clothes were muddy." Anne was beginning to recall a muddy caller! "His car wasn't much to look at. He happened to see a model Russell was working on. All sorts of questions were asked. They never dreamed of his being anyone who counted, but told him what he wanted to know. Then they forgot about the incident. Here came a letter of appointment, lately. Isn't it fine for them?"

Wesley picked up his milk pails and started toward the barn. Midway down the path he turned to add, "Almost forgot to tell you that Sue said it was a case of cake came back.

"Now, what did she mean by that?"

Anne was speechless. Anyway Wesley supposed it was some joke the two young wives shared. Anne was smitten with a sense of shame. When the stranger had stopped at her door had she not considered herself clever because she sent the man to Sue's door?

"Opportunity rapped at our door," she told herself bitterly, "and I sent him on!"

She fell by the side of her bed dry-eyed. After a moment of the most stinging revelation she'd ever had of herself she lifted her head to pray. "Dear Lord, I'll cast bread upon the waters too—not just for the sake or even the hope of having cake come back—but somehow in the hope that it may make me a bit easier for Wesley to live with. Oh, may my eyes not be blinded any longer."—*Our Young People.*